

NOTES / REMINDERS

APRIL

- Pick up dry cleaning
- Sierra's birthday present

HABIT TRACKER

Yoga
Meditate
Read

M	T	W	T	F	S	S
✓	○	✓	○	✓	○	✓
✓	✓	✓	✓	○	✓	○
✓	○	✓	✓	○	✓	○
○	○	○	○	○	○	○
○	○	○	○	○	○	○
○	○	○	○	○	○	○

MON 17



☉ Yoga Tan

- ✓ Ad copy for IG
- ✓ Product report
- ✓ May campaign ideas
- Design brief for ebook
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TUE 18

① BOX OFFICE 11AM
w ELENA

② PRODUCT MEETING 1PM

③ CHIRO 5PM

☉ River walk 6am

- ✓ Product descriptions
- ✓ May campaign
- ✓ Podcast ep #155
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WED 19

④ PRE-APPROVAL! 🚫

⑤ GROOMING 12PM

☉ Yoga Tan

- ✓ Habit ebook - chapter 1
- ✓ Photoshoot brief
- ✓ Job description
- ✓ Design brief
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THU 20

⑥ SWIMMING 9AM

☉ Boxing Tan

- ✓ Email campaign flow
- ✓ Habit ebook chapter 2
- ✓ How-to videos
- Repurpose podcast content
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FRI 21

⑦ ELENA'S 30TH
AND BATE 8PM

☉ Yoga Tan

- ✓ Post Job ad
- ✓ Google report
- ✓ Enrollment forms - swimming
- ✓ Pick up birthday present
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SAT 22

⑧ SIENNA'S 2ND
BIRTHDAY 2PM

☉ Boxing Tan

- ✓ Quotes for birds
- Quotes for barn door
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SUN 23



☉ Yoga Tan

- ✓ List clothes on marketplace
- Clear garage
- ✓ Baby items - put away
- ✓ Batch snacks for Spencer
- ✓ Meal plan
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