

{the plan}

date: _____

my prayer for today:

weekly scripture:

quiet time thoughts:

five goals:

1. _____
2. _____
3. _____
4. _____
5. _____

household chores:

meals:

b: _____

l : _____

d: _____

{the schedule}

7:00	
7:30	
8:00	
8:30	
9:00	
9:30	
10:00	
10:30	
11:00	
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12:00	
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4:30	
5:00	
5:30	
6:00	
6:30	
7:00	

love:
