

# PRINTABLE READING JOURNAL

*for serious book lovers*

## the OVERVIEW

BOOK: *the four hour work week*

Author: *tim ferris*



Date published: *tim ferris*

start date

end date

*Jan 1st 2017*

*Jan 17th 2017*

fiction

biography

non fiction

memoir

## TOPICS TO READ MORE ABOUT

*long term travel*

*virtual assistants*

*facebook advertising*

## MAIN TAKEAWAYS / OPINIONS

*business is a form of laziness*

*most people will choose unhappiness over uncertainty*

*a person's success in life can be measured by the number of uncomfortable conversations he or she is willing to have*

*what we fear doing most is usually what we most need to do*

*you are the average of the five people you associate with the most*

*conditions are never perfect. Someday is a disease that will take you to your grave.*