

Hope

CHEMO

20 Round Countdown

20 You can do this	19 You are doing awesome	18 Find strength and keep moving	17 One step at a time
16 Never give up	15 Keep pressing forward	14 Believe in yourself	13 Give it all you've got
12 Keep pushing	11 Stay strong	10 Don't stop	9 You will get there
8 You're doing amazing	7 Keep standing up	6 Don't let anything stop you	5 Never quit
4 The finish line is straight ahead	3 Almost there	2 Keep fighting	1 You did it, well done!

You got this!