

ADVENT

Week 1

- 2** Build bridges at home. Listen to the person who needs it the most.
- 3** Make and pray with an Advent wreath (page 2).
- 4** Pray by name for every member of your family or every person at work.
- 5** Celebrate St. Nicholas, the generous bishop. Put small gifts in family members' shoes tonight.
- 6** Decide as a family how you will share with others less fortunate this year.
- 7** Remember Pearl Harbor and all families affected by war. Pray and act for peace.
- 8** Put what worries you most in Mary's hands.

Week 2

- 9** Build a bridge at school or work. Tell a person who bothers you something you appreciate about him or her.
- 10** Visit the night sky. Thank God for the evolving cosmos, Earth, and being alive.
- 11** Play Handel's Messiah in the car or when doing household chores.
- 12** Mary protects the Americas as Our Lady of Guadalupe. Ask her to bless our country.
- 13** Write Christmas cards to your oldest and newest friends.
- 14** Pray for all victims of abuse. Eliminate all violence from your heart and language today.
- 15** Treat low-wage workers with respect as you shop.

Week 3

- 16** Build a bridge at Church. Respond to a parish request for help.
- 17** Talk about your three best Christmases.
- 18** Examine your closet and cupboard for what you can share.
- 19** Give a Christmas gift to someone you know who has little.
- 20** Use as a mantra today, "Come, Lord Jesus." Repeat it in rhythm as you walk to the subway or around the house.
- 21** Celebrate the winter solstice by remembering all the dead who are dear to you. Stand on the earth that shelters them and ask their blessings.
- 22** Put up your manger scene. If you need one, go to goodgroundpress.com.

Week 4

- 23** Build a bridge to someone of another culture. Make a personal connection, even if it's only a smile and a "How are you?"
- 24** Go on a drive or a walk to look at Christmas lights and displays. Choose a color and count a blessing for every light you see that color.
- 25** Sing in joy or say:
- Go tell it on the mountain,
Over the hills and everywhere
Go tell it on the mountain
That Jesus Christ is born.*
- Down in a lowly manger
The humble
Christ was born,
And God sent us salvation
That blessed
Christmas morn.*

SUNDAY

BY SUNDAY