

Color in each day that you achieve your goal!

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## MONTHLY HABIT TRACKER:

Affirmations of the Month:

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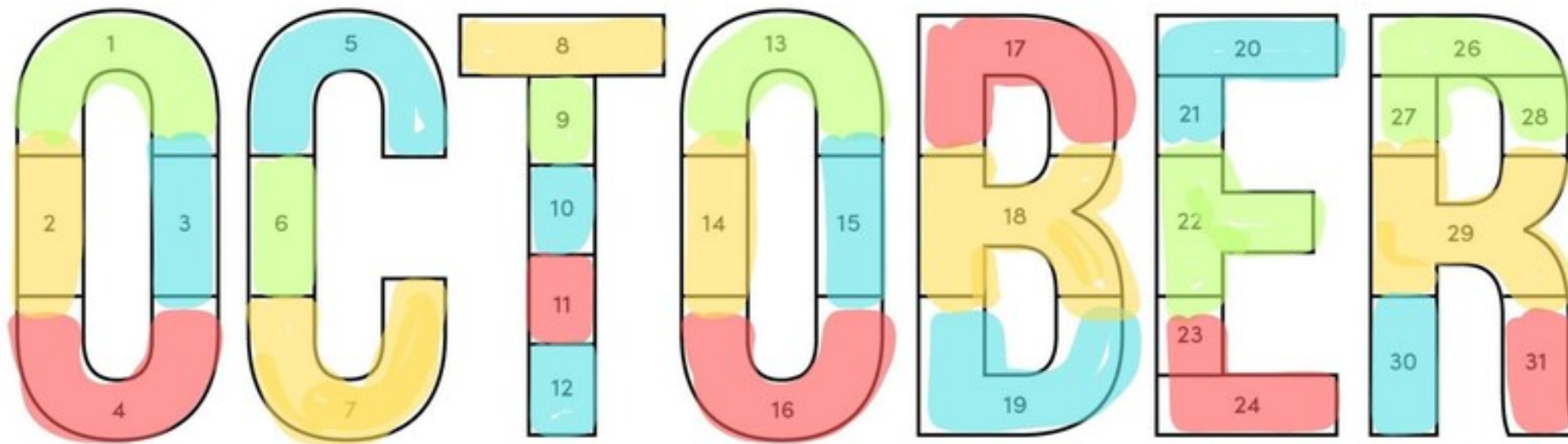
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My Goals:

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What went great?

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This Months Challenges:

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What improvements can I make?

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