



PLAN THE THINGS // DO THE THINGS

TWENTY TWENTY FOUR

JAN	FEB	MAR	APR	MAY	JUN
FOCUS	FOCUS	FOCUS	FOCUS	FOCUS	FOCUS
1	1	1	1	1	1
MON	TUE	FRI	MON	WED	SAT
2	2	2	2	2	2
TUE	FRI	SAT	TUE	TUE	SUN
3	3	3	3	3	3
WED	SAT	SUN	WED	FRI	MON
4	4	4	4	4	4
THU	SUN	MON	THU	SAT	TUE
5	5	5	5	5	5
FRI	MON	TUE	FRI	SUN	WED
6	6	6	6	6	6
SAT	TUE	WED	SAT	MON	THU
7	7	7	7	7	7
SUN	WED	THU	SUN	TUE	FRI
8	8	8	8	8	8
MON	TUE	FRI	MON	WED	SAT
9	9	9	9	9	9
TUE	FRI	SAT	TUE	FRI	SUN
10	10	10	10	10	10
WED	SAT	SUN	WED	FRI	MON
11	11	11	11	11	11
THU	SUN	MON	THU	SAT	TUE
12	12	12	12	12	12
FRI	MON	TUE	FRI	SUN	WED
13	13	13	13	13	13
SAT	TUE	WED	SAT	MON	THU
14	14	14	14	14	14
SUN	WED	THU	SUN	TUE	FRI
15	15	15	15	15	15
MON	TUE	FRI	MON	WED	SAT
16	16	16	16	16	16
TUE	FRI	SAT	TUE	FRI	SUN
17	17	17	17	17	17
WED	SAT	SUN	WED	FRI	MON
18	18	18	18	18	18
THU	SUN	MON	THU	SAT	TUE
19	19	19	19	19	19
FRI	MON	TUE	FRI	SUN	WED
20	20	20	20	20	20
SAT	TUE	WED	SAT	MON	THU
21	21	21	21	21	21
SUN	WED	THU	SUN	TUE	FRI
22	22	22	22	22	22
MON	TUE	FRI	MON	WED	SAT
23	23	23	23	23	23
TUE	FRI	SAT	TUE	FRI	SUN
24	24	24	24	24	24
WED	SAT	SUN	WED	FRI	MON
25	25	25	25	25	25
THU	SUN	MON	THU	SAT	TUE
26	26	26	26	26	26
FRI	MON	TUE	FRI	SUN	WED
27	27	27	27	27	27
SAT	TUE	WED	SAT	MON	THU
28	28	28	28	28	28
SUN	WED	THU	SUN	TUE	FRI
29	29	29	29	29	29
MON	TUE	FRI	MON	WED	SAT
30		30	30	30	30
TUE		SAT	TUE	FRI	MON
31		31		31	
WED		SUN		FRI	
NOTES	NOTES	NOTES	NOTES	NOTES	NOTES
REFL			REMEMBER		

2024

6 MONTH
JAN START

