



# THE JOY BLOG'S

## ZONE 7A VEGETABLE PLANTING GUIDE

Avg. Last Frost:  
May 4

Avg. First Frost:  
Oct 16

Start seeds indoors

Plant Seed/Transplant Outside

Harvest

|                          | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Beans - Bush             |     |     |     |     |     |     |     |     |     |     |     |     |
| Beans - Pole             |     |     |     |     |     |     |     |     |     |     |     |     |
| Beets                    |     |     |     |     |     |     |     |     |     |     |     |     |
| Broccoli                 |     |     |     |     |     |     |     |     |     |     |     |     |
| Brussel Sprouts          |     |     |     |     |     |     |     |     |     |     |     |     |
| Cabbage                  |     |     |     |     |     |     |     |     |     |     |     |     |
| Carrots                  |     |     |     |     |     |     |     |     |     |     |     |     |
| Cauliflower              |     |     |     |     |     |     |     |     |     |     |     |     |
| Corn                     |     |     |     |     |     |     |     |     |     |     |     |     |
| Cucumbers                |     |     |     |     |     |     |     |     |     |     |     |     |
| Kale                     |     |     |     |     |     |     |     |     |     |     |     |     |
| Lettuce                  |     |     |     |     |     |     |     |     |     |     |     |     |
| Melons                   |     |     |     |     |     |     |     |     |     |     |     |     |
| Onions                   |     |     |     |     |     |     |     |     |     |     |     |     |
| Peas                     |     |     |     |     |     |     |     |     |     |     |     |     |
| Peppers                  |     |     |     |     |     |     |     |     |     |     |     |     |
| Radishes                 |     |     |     |     |     |     |     |     |     |     |     |     |
| Spinach                  |     |     |     |     |     |     |     |     |     |     |     |     |
| Tomatoes                 |     |     |     |     |     |     |     |     |     |     |     |     |
| Winter Squash            |     |     |     |     |     |     |     |     |     |     |     |     |
| Zucchini / Summer Squash |     |     |     |     |     |     |     |     |     |     |     |     |

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