THE WALKING classroom
walk. listen. learn.

Monthly Walking Log

Month: _____ **Goal:** _____

	Date	Podcast #	Distance Walked (mi)		# of Walkers		Total Distance
Monday				X		=	
Tuesday				X		=	
Wednesday				X		=	
Thursday				X		=	
Friday				X		=	
Monday				X		=	
Tuesday				X		=	
Wednesday				X		=	
Thursday				X		=	
Friday				X		=	
Monday				X		=	
Tuesday				X		=	
Wednesday				X		=	
Thursday				X		=	
Friday				X		=	
Monday				X		=	
Tuesday				X		=	
Wednesday				X		=	
Thursday				X		=	
Friday				X		=	

Totals per month — DO NOT ERASE BELOW THIS LINE —

August: _____ **November:** _____ **February:** _____ **May:** _____

September: _____ **December:** _____ **March:** _____ **June:** _____

October: _____ **January:** _____ **April:** _____ **July:** _____

Grand Total = _____