



2011-12

Dear Parents and Students,

Birmingham Falls Elementary is forming an after school Jogging Club. We plan to meet for six sessions (6 weeks) and train together with our race goal being the Annual BFES Footrace for the Falls (Saturday, March 24th). We will meet: Mondays (February 13th - March 19th) for grades 3-5; Wednesdays (February 15th – March 21st) for grades K-2. The sessions will start right after school (in the gym), and students will be finished by 3:25 PM. Students who are interested in the after school jogging program must return the information/permission forms before they will be allowed to participate. Your student may get the forms: in the gym; online at the BFES website; by sending an email to Robin Dunn and have one emailed to you (email address below).

Please send a note to your homeroom teacher stating your student(s) will attend jogging club on Mondays (3-5) or Wednesdays (K-2) and a list of the dates. After this, we will expect to see them on those dates, unless you send a note making a dismissal change. If something comes up unexpectedly, and your student needs to miss, please contact the school office (770-667-2820) with the information. The office will let the homeroom teacher, and the jogging club, know of the change. If you already know of any dates that your student may miss, please put this information on the form (and send a note to your homeroom teacher for that date). Thank you for your cooperation, as we take attendance and this time moves more quickly if we are aware of absences.

You are welcome to join your student runner(s) on either, or both days! When we are finished, we will have a carpool dismissal (for ease and safety). If you are participating, you may take you're jogging Bobcat after the session; if not, please meet us in the carpool line.

PLEASE RETURN YOUR FORM BY FEBRUARY 8th – the earlier the better!!! The form may be dropped off to a P.E. staff member (in the gym), scanned and emailed (dunnr@fultonschools.org), or given to your homeroom teacher. **You may not participate without the form!**

***Please Note:** Conditions will be grounds for dismissing a student from the jogging program:

- if a student is picked up late, more than twice (we will have a carpool dismissal – or you may come and join us in the workout portion, and then take your child).
- if a student is not participating fully in the program
- if a student is not respectful and cooperative with leaders and other participants

Students must be picked up no later than 3:35 pm.

Sincerely,

Physical Education Staff

Any comments or questions, please contact Robin Dunn dunnr@fultonschools.org (May scan and email your completed form here, if you prefer), or 770-667-2820 ext. 220. **Email is best!**