

DAILY PLANNER

DATE:

ACTIVITIES

[illegible]

TO DO LIST

[illegible]

PRIORITIES

NOTES

Author	Year	Country	Sample size
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
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Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
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Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
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Barnes et al.	1996	USA	1,000
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Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	1,000
Barnes et al.	1996	USA	