

Volunteer Slot #	Date	Approx Time	Event/Duty	Location
1	Saturday 19 March 2016	7:40am - 8:40am	Javelin	Warm Up Track
2	Saturday 19 March 2016	7:40am - 8:40am	Javelin	Warm Up Track
3	Saturday 19 March 2016	8:40am - 9:40am	Javelin	Warm Up Track
4	Saturday 19 March 2016	8:40am - 9:40am	Javelin	Warm Up Track
5	Saturday 19 March 2016	7:30am-9:30am	Call Room	Main Track
6	Sunday 20 March 2016	7:30am-8:30am	High Jump 3	Main Track
7	Sunday 20 March 2016	8:30am-9:30am	High Jump 3	Main Track
8	Sunday 20 March 2016	9:30am-10:30am	High Jump 3	Main Track
9	Sunday 20 March 2016	10:30am-11:30am	High Jump 3	Main Track
10	Sunday 20 March 2016	1:30pm-2:30pm	Discus 2	Main Track
11	Sunday 20 March 2016	1:30pm-2:30pm	Discus 2	Main Track
12	Sunday 20 March 2016	2:30pm-3:30pm	Discus 2	Main Track
13	Sunday 20 March 2016	2:30pm-3:30pm	Discus 2	Main Track
14	Sunday 20 March 2016	9:00am-10:00am	Medals	Main Track
15	Sunday 20 March 2016	10:00am-11:00am	Medals	Main Track
16	Sunday 20 March 2016	11:00am-12:00pm	Medals	Main Track