

March Acts of Kindness Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|--|--|--|
| | | | | | 1 Write a letter to a long-distance friend or relative | 2 Make bookmarks for classmates or friends |
| 3 Buy a card from Hope Art (supports orphans) | 4 Thank someone in the military for their service | 5 Make freezer dump meals and deliver to a struggling friend | 6 Drop off a small gift & thank you note to the staff at your dentist's office | 7 Donate cereal or cereal coupons to a local food pantry | 8 Donate your old eyeglasses to a local Lions Club | 9 Send in money to cover a student's school breakfast |
| 10 Pack a lunch for someone else | 11 Offer to put someone's shopping cart away in a parking lot | 12 Plant flowers in a community garden | 13 Leave a compliment on a business's comment card or online survey | 14 Celebrate the women in your life -tell them why they are important to you | 15 Thank a social worker for what they do for the community | 16 Hand out healthy snacks to friends or coworkers |
| 17 Hand out green pins or bead necklaces for St. Patrick's Day | 18 Craft a gift for someone | 19 After spring cleaning, offer unneeded items on Freecycle | 20 Surprise someone with chocolate | 21 Donate craft supplies to an assisted living facility, childcare center or church | 22 Leave a sticky note with a friendly greeting on a public bathroom mirror | 23 Offer encouragement and support to a family adopting a child |
| 24 Read a book to a child or give books to a child | 25 "Egg" a friend or neighbor - anonymously leave a basket of Easter goodies | 26 Volunteer to clean the home of a sick friend or family with a newborn | 27 Drop off crossword puzzle books to a hospital waiting room | 28 Donate money to or volunteer for a women's cause | 29 Shop at a local mom and pop business | 30 Leave a nice comment on a blog post |
| 31 Donate pencils and/or crayons to a classroom | | | | | | |