

Kg	St. lbs	Kg	St. lbs	Kg	St. lbs
0.453kg	0st 1lb	19.50kg	3st 1lb	38.55kg	6st 1lb
0.907kg	0st 2lb	19.95kg	3st 2lb	39.00kg	6st 2lb
1.360kg	0st 3lb	20.41kg	3st 3lb	39.46kg	6st 3lb
1.814kg	0st 4lb	20.86kg	3st 4lb	39.91kg	6st 4lb
2.267kg	0st 5lb	21.31kg	3st 5lb	40.36kg	6st 5lb
2.721kg	0st 6lb	21.77kg	3st 6lb	40.82kg	6st 6lb
3.175kg	0st 7lb	22.22kg	3st 7lb	41.27kg	6st 7lb
3.628kg	0st 8lb	22.67kg	3st 8lb	41.73kg	6st 8lb
4.082kg	0st 9lb	23.13kg	3st 9lb	42.18kg	6st 9lb
4.535kg	0st 10lb	23.58kg	3st 10lb	42.63kg	6st 10lb
4.989kg	0st 11lb	24.04kg	3st 11lb	43.09kg	6st 11lb
5.443kg	0st 12lb	24.49kg	3st 12lb	43.54kg	6st 12lb
5.896kg	0st 13lb	24.94kg	3st 13lb	43.99kg	6st 13lb
6.350kg	1st 0lb	25.40kg	4st 0lb	44.45kg	7st 0lb
6.803kg	1st 1lb	25.85kg	4st 1lb	44.90kg	7st 1lb
7.257kg	1st 2lb	26.30kg	4st 2lb	45.35kg	7st 2lb
7.711kg	1st 3lb	26.76kg	4st 3lb	45.81kg	7st 3lb
8.164kg	1st 4lb	27.21kg	4st 4lb	46.26kg	7st 4lb
8.618kg	1st 5lb	27.66kg	4st 5lb	46.72kg	7st 5lb
9.071kg	1st 6lb	28.12kg	4st 6lb	47.17kg	7st 6lb
9.525kg	1st 7lb	28.57kg	4st 7lb	47.62kg	7st 7lb
9.979kg	1st 8lb	29.02kg	4st 8lb	48.08kg	7st 8lb
10.43kg	1st 9lb	29.48kg	4st 9lb	48.53kg	7st 9lb
10.88kg	1st 10lb	29.93kg	4st 10lb	48.98kg	7st 10lb
11.33kg	1st 11lb	30.39kg	4st 11lb	49.44kg	7st 11lb
11.79kg	1st 12lb	30.84kg	4st 12lb	49.89kg	7st 12lb
12.24kg	1st 13lb	31.29kg	4st 13lb	50.34kg	7st 13lb