

PROBLEM-SOLVING CARDS

DIFFICULTY SHARING



- TAKE TURNS WITH THE TOY
- PLAY TOGETHER WITH THE TOY
- CHOOSE A DIFFERENT TOY TO PLAY WITH



NOT WANTING TO GO TO BED



- READ A BEDTIME STORY TO RELAX
- GET A DRINK OF WATER AND TRY AGAIN
- TALK ABOUT WHY IT'S HARD TO SLEEP



CHOOSING WHAT TO WEAR



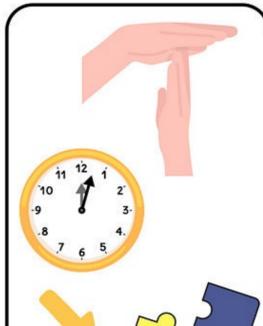
- SHORTS AND T-SHIRT
- RAINCOAT AND BOOTS
- SWEATER AND JEANS



FEELING FRUSTRATED WITH PUZZLE



- TAKE A DEEP BREATH AND TRY AGAIN
- ASK FOR HELP
- TAKE A BREAK AND RETURN TO IT LATER



CHOOSING WHAT TO WEAR



- SHORTS AND T-SHIRT
- RAINCOAT AND BOOTS
- SWEATER AND JEANS

