PRESENT SIMPLE VS CONTINUOUS – MEANING

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PRESENT SIMPLE

PRESENT CONTINUOUS

HABITS. REGULAR OR REPEATED ACTIONS

- ⇒ I wash my hair every day.
- ⇒ He usually gets up very early.

ACTIONS IN PROGRESS NOW

- ⇒ I can't talk. I'm brushing my teeth.
- He can talk now. He's having a shower.

FACTS, PERMENENT SITUATIONS OR STATES

- ⇒ I have one brother. He lives in Paris.
- Water boils at 100 degrees.

ACTIONS IN PROGRESS AROUND NOW

- ⇒ I'm reading a new book. I love it!
- He is training hard these days.

WITH *STATIVE VERBS

- ⇒ Give me the money. I need it now.
- ⇒ What happened? You look sad.

SIGNAL WORDS

now, at the moment, these days, this week, this month, etc.

SIGNAL WORDS

always, never, often, sometimes, every day, once a month, twice a week, etc.

I DO IT REGULARLY

- ⇒ I drink tea.
- ⇒ I do yoga.

I'M DOING IT NOW

- ⇒ I'm drinking tea.
- ⇒ I'm doing yoga.

*Verbs of the senses: hear, see, smell, look, seem, sound. Opinion: believe, consider, like, love, hate, prefer, think, etc. Possession: have, own, belong, etc. Also: be, need, mean, remember, want, etc.

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