

PRESENT CONTINUOUS TENSE

Form

Affirmative

S + am/is/are + V-ing

She is cooking.

Negative

S + am/is/are + not + V-ing

She is not cooking.

Interrogative

Am/is/are + S + V-ing

Is she cooking?

Usage	Example	Time Expressions
Action happening now	Jim is watching television at the moment.	Now, at the moment, currently ...
Temporary situations	I am staying with a friend for a few days.	At the moment, these days, for a few days ...
Annoying habits	That child is always crying for no good reason.	Always, forever, constantly ...
Changing situations	Her health is improving by leaps and bounds.	Little by little, gradually ...
Definite future plans	I am taking my French class on Tuesday.	Tonight, later, this weekend ...