

September 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
10	17	18	19	20	21	28 Lentil
02 Couscous	03	04	05 Pasta	06	07	08
09	10 Lentil	11 Couscous	12 Pasta	13 Couscous	14	15 Lentil
16 Lentil	17	18	19 Pasta	20	21	22 Couscous
23 Couscous	24 Pasta	25 Couscous	26 Lentil	27 Couscous	28 Pasta	29 Couscous
30	01	02	03	04	05	06

October 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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