

WEEKLY PLAN

Mon	Tue	Wed
Thu	Fri	Sat
		Sun

PLAN 6

CH...

[illegible]

The image shows a blank 'CHECK LIST' form. The title 'CHECK LIST' is printed at the top center. Below it are three main columns: 'DATE', 'CONTENTS', and 'CHECK'. Each column has several rows for entries. The 'DATE' and 'CHECK' columns have pink shaded headers and alternating pink and white rows. The 'CONTENTS' column has a dark header and white rows. There are also some smaller labels like 'PLAN B' visible on the edges of the paper.