

DATE: ____ / ____ / ____

DAILY TO DO LIST
Get things Done

TODAY'S SCHEDULE	TODAY'S TOP PRIORITIES		
7 AM	1		
	2		
8 AM	3		
	4		
9 AM	5		
10 AM	EXERCISE		
	EXERCISE		
11 AM	EXERCISE		
	EXERCISE		
12 PM	WHAT WE'RE EATING		
	BREAKFAST	LUNCH	DINNER
1 PM	BREAKFAST	LUNCH	DINNER
	BREAKFAST	LUNCH	DINNER
2 PM	BREAKFAST	LUNCH	DINNER
	BREAKFAST	LUNCH	DINNER
3 PM	BREAKFAST	LUNCH	DINNER
	BREAKFAST	LUNCH	DINNER
4 PM	NOTES		
	NOTES		
5 PM	NOTES		
	NOTES		
6 PM	NOTES		
	NOTES		
7 PM	NOTES		
	NOTES		
8 PM	NOTES		
	NOTES		
9 PM	NOTES		
	NOTES		
10 PM	NOTES		
	NOTES		

