

## Plan your week

Plan high-level goals for every day of the week, write down scheduled events and meetings, roughly plan your time within each day, and get a head start on planning next week.

	Sunday	Monday 2	Tuesday 3	Wednesday 4	Thursday  5	Friday  6	Saturday 7
Goals What do you want to focus on each day?							
8:00 AM							
9:00 AM							
10:00 AM				[ Meeting ]			
11:00 AM							[ Family gathering ]
12:00 PM							gathering ]
1:00 PM		[ Meeting ]					
2:00 PM							
3:00 PM			[ Event ]				
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							

## Next week

What do you want to defer to next week? What's coming up next?