

PRINTABLE PDF

PRINTABLE DAY PLANNER

blue and pink floral

The image displays a stack of five identical 'Sunday' planners. The top planner is clearly visible, showing a layout for daily planning. It includes a 'DATE:' field at the top right, a large orange flower illustration at the top center, and several functional sections: 'PRIORITIES' with a numbered list, 'SCHEDULE' with a time slot from 6AM to 12AM, 'TO DO' with a list, 'SELF-CARE & EXERCISE' with a list, 'WATER' with eight droplet icons, 'MEALS' with sections for Breakfast (B), Lunch (L), Snack (S), and Dinner (D), and 'NOTES' with a dotted area. The planners are stacked, with the top one slightly offset to the left, showing the edges of the others underneath.

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