

# it's a beautiful day

DATE

TO DO

PRIORITIES

Three horizontal pink bars for listing priorities, each with a white heart icon on the left side.

APPOINTMENTS

Seven horizontal lines for appointments, each starting with a colon (:).

NOTES

A large rectangular box with a black border for notes, containing a small pink heart icon in the bottom right corner.

HABITS

Two columns of habit tracking. The left column has 12 diamond-shaped checkboxes. The right column has 12 horizontal lines for notes.

MEALS

Four horizontal pink bars for meal tracking, labeled with the letters B, L, D, and S on the left side.