



















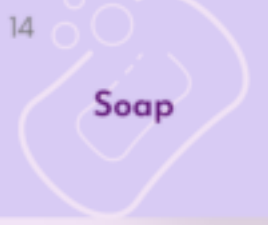





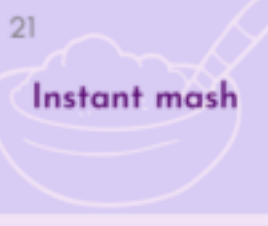
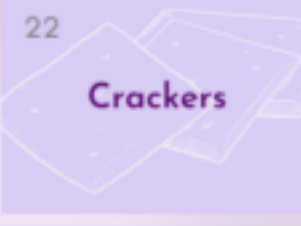




LENTEN GIVING CALENDAR 2023



CARITAS DIOCESE OF BRENTWOOD IS INVITING YOU TO COLLECT ITEMS THROUGHOUT LENT BY FOLLOWING THIS CALENDAR. THE ITEMS YOU COLLECT WILL THEN BE READY FOR YOU TO DONATE TO YOUR LOCAL FOODBANK READY FOR HOLY WEEK.

FOR MORE INFORMATION:

 www.caritasbrentwood.org/lent
 caritas@dioceseofbrentwood.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
20 February	21  Shrove Tuesday	22  Ash Wednesday	23  Pasta	24  Cereal	25  Tea bags	26  Shampoo
27  Soup	28  Rice	1 March  Baby wipes	2  Body wash	3  Pasta sauce	4  Sanitary products	5  Beans & pulses
6  Tinned tomatoes	7  Instant noodles	8  Biscuits	9  Toilet paper	10  Fruit juice	11  Toothbrush/paste	12  Washing up liquid
13  UHT Milk	14  Soap	15  Tinned fruit	16  Hand sanitiser	17  Coffee	18  Laundry powder	19  Squash
20  Deodorant	21  Instant mash	22  Crackers	23  Cereal bars	24  Sleeping bag or roll mat	25  Bag for life	26  Easter Egg
27 TIME TO DONATE	28 TIME TO DONATE	29 TIME TO DONATE	30 TIME TO DONATE	31 TIME TO DONATE	1 April TIME TO DONATE	2  Palm Sunday
3 PRAY FOR THOSE RECEIVING YOUR DONATION	4	5	6  Maundy Thursday	7  Good Friday	8  Holy Saturday	9  Easter Sunday