75 SOFT
Challenge

	HABIT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	DRINK 1 GALLON																									
	EAT WELL																									
	45 MIN EXERCISE																									
	READ 15 PAGES																									
	DRINK 2X A WEEK																									
	MEDITATION																									
	PROGRESS PIC																									

	HABIT	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
	DRINK 1 GALLON																									
	EAT WELL																									
	45 MIN EXERCISE																									
	READ 15 PAGES																									
	DRINK 2X A WEEK																									
	MEDITATION																									
	PROGRESS PIC																									

	HABIT	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
	DRINK 1 GALLON																									
	EAT WELL																									
	45 MIN EXERCISE																									
	READ 15 PAGES																									
	DRINK 2X A WEEK																									
	MEDITATION																									
	PROGRESS PIC																									