

PRESENT PERFECT CONTINUOUS TENSE

POSITIVE FORM

Sbj + has/have been + Ving

He She It	+	has been	+	starting
I You We You They	+	have been	+	starting



Ex: I have been cooking.
Ex: He has been cooking.

NEGATIVE FORM

Sbj + has/have **NOT been + Ving**

He She It	+	<u>has not been</u> hasn't been	+	starting
I You We You They	+	<u>have not been</u> haven't been	+	starting



Ex: I have not (haven't) been cooking.
Ex: He has not (hasn't) been cooking.

QUESTION FORM

Has/Have + Sbj + been + Ving

Has	+	He She It	+	been	+	starting
Have	+	I You We You They	+	been	+	starting



Ex: You have been cooking. --> Have you been cooking?
Ex: She has been cooking. --> Has she been cooking?