



miajump rope

The Benefits Of Using A Workout Mat To Skip On 🌟

7 STEPS



1



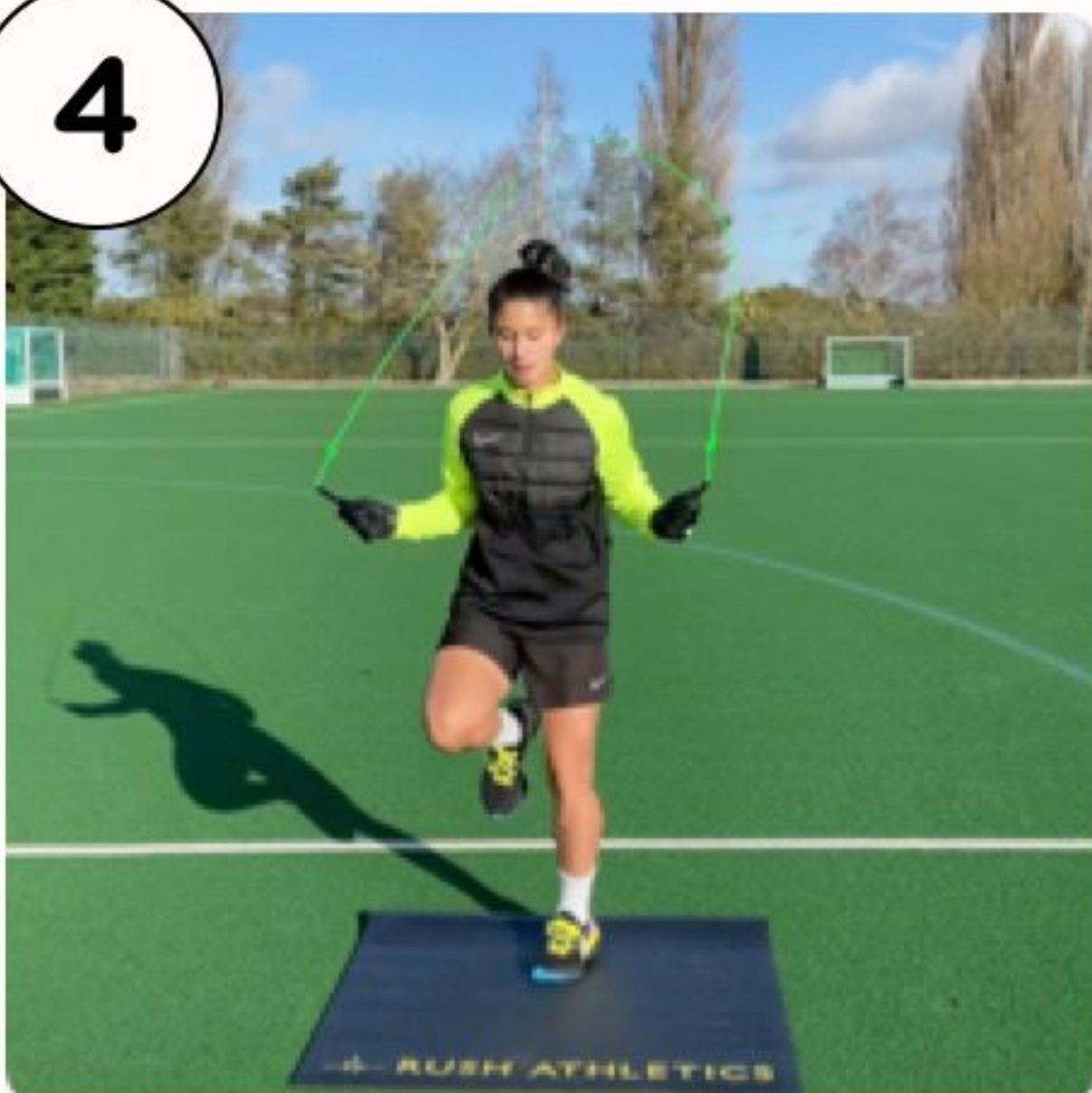
2



3



4



5



6



+ 1 MORE