

Living Will Sample

The following sample of a living will is just what its name implies. It is nothing more than a possible sample that may be used. Individuals preparing a living will may include other directions or be more or less specific.

DECLARATION

I, name of declarant, being of sound mind, willfully and voluntarily make this declaration to be followed if I become incompetent. This declaration reflects my firm and settled commitment to refuse life-sustaining treatment under the circumstances indicated below.

I direct my attending physician to withhold or withdraw life-sustaining treatment that serves only to prolong the process of my dying, if I should be in a terminal condition or in a state of permanent unconsciousness.

I direct that treatment be limited to measures to keep me comfortable and to relieve pain, including any pain that might occur by withholding or withdrawing life-sustaining treatment.

In addition, if I am in the condition described above, I feel especially strongly about the following forms of treatment:

I (☐do (☐do not want cardiac resuscitation.

I (☐do (☐do not want mechanical respiration.

I (☐do (☐do not want tube feeding or any other artificial or invasive form of nutrition (food) or hydration (water).

I (☐do (☐do not want blood or blood products.

I (☐do (☐do not want any form of surgery or invasive diagnostic tests.

I (☐do (☐do not want kidney dialysis.

I (☐do (☐do not want antibiotics.

I realize that if I do not specifically indicate my preference regarding any of the forms of treatment listed previously, I may receive that form of treatment.

Other instructions:
