

National Mental Health Program (NMHP)



Department of Health, Manila

Sustainable Development Goals

**SDG #3 – Ensure healthy lives
and promote well being for
all at all ages**

Target 3.4 – Reduce by 1/3
premature mortality through
prevention and treatment,
and promotion of mental
health and well-being

Target 3.5 – Strengthen the
prevention and treatment of
substance abuse, including
narcotic drug abuse and
harmful use of alcohol

MNS disorders
account for 10.4%
of global DALYs

Leading cause of
YLDs

154 million suffer
from depression