

Week of

Monday	Tuesday	Wednesday
1:00	1:00	1:00
1:30	1:30	1:30
2:00	2:00	2:00
2:30	2:30	2:30
3:00	3:00	3:00
3:30	3:30	3:30
4:00	4:00	4:00
4:30	4:30	4:30
5:00	5:00	5:00
5:30	5:30	5:30
6:00	6:00	6:00
6:30	6:30	6:30
7:00	7:00	7:00
7:30	7:30	7:30
8:00	8:00	8:00

10:00	11:00	12:00
10:00	11:00	12:00
10:30	11:30	12:30
11:00	12:00	13:00
11:30	12:30	13:30
12:00	13:00	14:00
12:30	13:30	14:30
13:00	14:00	15:00
13:30	14:30	15:30
14:00	15:00	16:00
14:30	15:30	16:30
15:00	16:00	17:00
15:30	16:30	17:30
16:00	17:00	18:00
16:30	17:30	18:30
17:00	18:00	19:00

Week of

Thursday	Friday	Saturday
1:00	1:00	
1:30	1:30	
2:00	2:00	
2:30	2:30	
3:00	3:00	
3:30	3:30	
4:00	4:00	
4:30	4:30	
5:00	5:00	
5:30	5:30	
6:00	6:00	
6:30	6:30	
7:00	7:00	
7:30	7:30	
8:00	8:00	

10:00	11:00	12:00
10:00	11:00	12:00
10:30	11:30	12:30
11:00	12:00	13:00
11:30	12:30	13:30
12:00	13:00	14:00
12:30	13:30	14:30
13:00	14:00	15:00
13:30	14:30	15:30
14:00	15:00	16:00
14:30	15:30	16:30
15:00	16:00	17:00
15:30	16:30	17:30
16:00	17:00	18:00
16:30	17:30	18:30
17:00	18:00	19:00