



30 DAYS OF DECLUTTERING AND SPRING CLEANING

DAY 1

'THE SPOT'

That one place where everything gets dumped.

DAY 2

ENTRYWAY

Declutter and tidy away your shoes and coats.

DAY 3

LOUNGE

Declutter your magazines and DVDs.

DAY 4

KITCHEN

Clean and clear the counters and table.

DAY 5

KITCHEN

Declutter and tidy your kitchen drawers.

DAY 6

KITCHEN

Sort through your cleaning supplies.

DAY 7

CLEAN

Clean your windows - inside and out.

DAY 8

CLEAN

Dust all of those hard to reach surfaces.

DAY 9

KITCHEN

Sort your pantry. List the staples you have left.

DAY 10

JUNK DRAWER

Get rid of anything you don't need.

DAY 11

KITCHEN

Declutter and clean out your fridge.

DAY 12

KITCHEN

Sort through your freezer. List the food you have.

DAY 13

CLEAN

Hoover underneath your sofas.

DAY 14

CLEAN

Clean your oven, dishwasher and microwave.

DAY 15

REGROUP

Have a tidy up - tackle any areas not quite finished.

DAY 16

MEDICINES

Declutter your medicine cabinet and first aid kit.

DAY 17

BATHROOM

Sort and declutter your bathroom cabinets.

DAY 18

CLEAN

Give your bathroom(s) a really good clean.

DAY 19

BEDSIDE TABLE

Clear the top and declutter your drawers.

DAY 20

CLOSETS

Purge your closets of things you no longer wear.

DAY 21

CLEAN

Declutter and clean out the inside of your car.

DAY 22

KID CLOSETS

Declutter any clothes that no longer fit.

DAY 23

LINEN

Clean and tidy up your linen cupboard.

DAY 24

HOME OFFICE

Tidy up your desk, shelves and cupboards.

DAY 25

PAPERS

Declutter and file away all your paperwork.

DAY 26

FAMILY ROOM

Declutter and tidy away things you don't use or need.

DAY 27

TOYS

Help your kids sort through and tidy their toys.

DAY 28

GARAGE

Declutter and throw away things you don't need.

DAY 29

GARAGE

Keep going... what else can you declutter?

DAY 30

FINISH UP

Tackle anything you've not yet finished.