

EST = Eastern Standard Time (UT-5)  
EDT = Eastern Daylight Time (UT-4)  
DST = Daylight Saving Time

# October 2022

NM = New Moon  
FQ = First Quarter  
FM = Full Moon  
LQ = Last Quarter

| Sunday                                                                                                  | Monday                                                                                                      | Tuesday                                                                                                     | Wednesday                                                                                | Thursday                                                                                 | Friday                                                                                   | Saturday                                                                                 |
|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
|                                                                                                         |                                                                                                             |                                                                                                             |                                                                                          |                                                                                          |                                                                                          | 1     |
| 2 <br>FQ: 8:14 PM (EDT) | 3                          | 4                          | 5     | 6     | 7     | 8     |
| 9 <br>FM: 4:55 PM (EDT) | 10                         | 11                         | 12    | 13    | 14    | 15    |
| 16                    | 17 <br>LQ: 1:15 PM (EDT) | 18                       | 19  | 20  | 21  | 22  |
| 23                    | 24                       | 25 <br>NM: 6:49 AM (EDT) | 26  | 27  | 28  | 29  |
| 30                    | 31                       |                                                                                                             |                                                                                          |                                                                                          |                                                                                          |                                                                                          |