

# Experiencing Jesus

Wednesday

Thursday

Friday

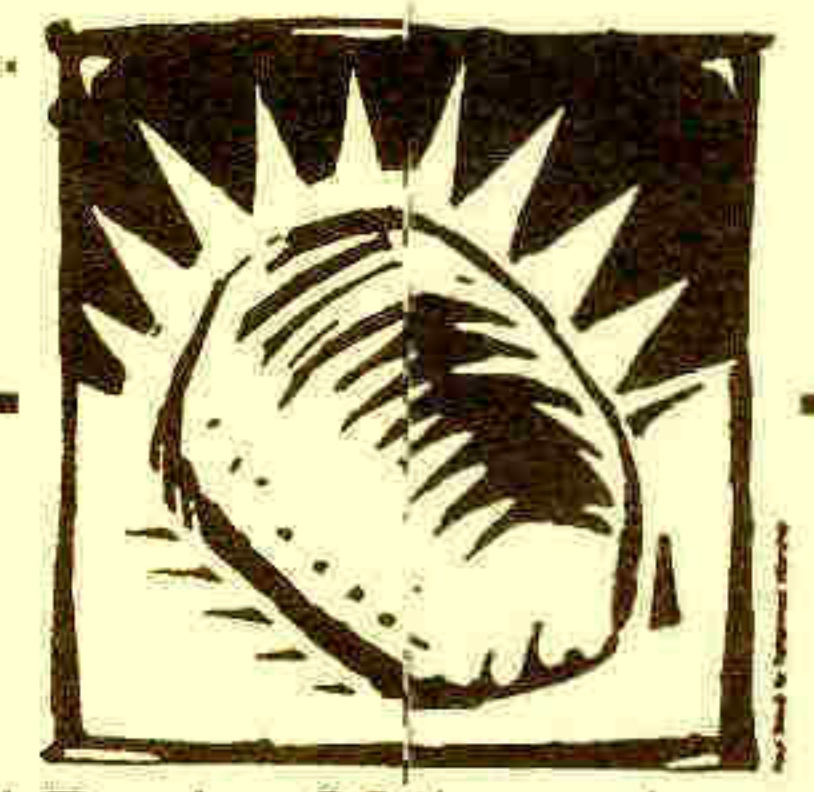
Saturday

Sunday

Monday

Tuesday

**Ash Wednesday 28**  
Ask a blessing before each meal.



**March**

Pray for the Food Pantry and Soup Kitchen of Wilkinsburg Community Ministry

Pray for the people of **HAITI**.

Fast.  
Set aside the money you would have spent on food today for the One Great Hour of Sharing Offering.

4	5	6	7	8	9	10
At dinner, invite each person to share one thing for which he or she is grateful.	As you shower or bathe, remember your baptismal vows.	Pray for one person to come to know the Lord Jesus Christ.	Read Psalm 22 then share the good news of salvation with one other person today.	Pray for earthquake survivors in India and El Salvador.	Pray for new church development in Pittsburgh Presbytery.	Pray for clean water for Malawi.
11	12	13	14	15	16	17
Get to know a new member and pray for him or her this week.	Read John 5:2-9. Imagine yourself as one of the characters in the story and engage in the action.	Pray for Presbyterian Medical Missions.	Pray for someone in need of healing. In your prayer, imagine Jesus with the person you are praying for.	Pray for Alcoholics Anonymous as they meet tonight. Pray for someone you know who is struggling with addiction or in recovery.	Pray for the East Liberty Family Health Care Center.	Spend the day without speaking.
18	19	20	21	22	23	24
Pray for the children and teachers in our church.	Read Psalm 27. Pray "Thy face, Lord, will I seek" every 15 minutes throughout the day.	Pray for the Session of Beulah Presbyterian Church as they meet tonight.	Pray for the opportunity to help someone in need.	Pray for the willingness to receive help when you need it.	Pray for the Logos program for youth.	Meditate on Psalm 23.
25	26	27	28	29	30	31
Tell someone about your favorite Sunday School teacher.	Pray for the staff of Beulah Church.	Confess that Jesus is Lord of your life by asking Him to help you through this day.	Pray for the Deacons as they meet tonight.	Arise early to spend 15 minutes in silent prayer. Clear your mind of all thoughts and images.	Read Psalm 51 and pray to be forgiven.	Pray for Sue Ann and Tim Fairman in Ethiopia.
1	2	3	4	5	6	7
Fast from television, computers and other electronic media.	Pray for leaders of state, county and local government.	Pray for P.R.I.S.M. and Dr. Carl Templin.	Pray for President Bush and the leaders of our nation.	Pray for the Pastor Nominating Committee.	Pray for our Interim Pastor Alice Petersen.	Pray for the new Pastor who is coming to Beulah Church.
<b>Palm Sunday</b> 8	9	10	11	<b>Maundy Thursday</b> 12	<b>Good Friday</b> 13	<b>Holy Saturday</b> 14
Describe an earthly king and discuss what it means to call Jesus "the King."	Pray for Migowi Church and our Malawi Partnership.	Pray for Mt. Zion Korean Church.	As you go about your business today be conscious of how your actions witness to your faith.	Read Matthew 26. How do you handle temptations to deny Jesus?	Read Matthew 27:1-60. If you were in Jerusalem on the day Jesus was crucified, what would you have done?	Describe how your life would be different without Jesus.

# Prayer Calendar for Lent

**Easter** 15  
Remember the person who most influenced your faith. Give thanks for his or her life.

