



Remote Work Bingo

Actually saw a co-worker in person	"Can you hear me?"	Joked about how long your "commute" is	Said "lol" and meant it	Had a meeting interrupted by a pet or family member
Wore pajama bottoms to a video meeting	Spotted a pet in the background of a video meeting	Did household chores on your lunch break	Drank a glass of water	Took a quick stroll to stretch your legs
Sent a gif to a co-worker	Took a coffee break... or three	FREE SPACE	Did eye strain relief exercises	"Sorry, I was on mute."
"Can everyone see my screen?"	Set up "working hours" #worklifebalance	Used an emoji in an email	Installed a blue light blocker on your computer	Worked from a coffee shop
Tried the Pomodoro technique	Did chair yoga	Saw someone other than a family member or roommate in person	Took a typing speed test... for fun	Created a workday playlist