System Preferences File Edit View Go Window Help

Mon 9:41 AM

Screen Time

Search

Michael

App Usage

Notifications

Pickups

Downtime

App Limits

Always Allowed

Content & Privacy

Options

Last Week

Today

2h 52m per day

23m below average

4h
avg
2h
1h
0

S M T W T F S

Productivity 1h 22m

Social Networking 1h 5m

Entertainment 25m

Show: App Category Time Limits

All Apps	9h 17m	
Safari	2h 5m	
Messages	1h 44m	⧗
Slack	43m	⧗
Mail	37m	
Xcode	30m	

All Devices

Updated today at 9:41 AM