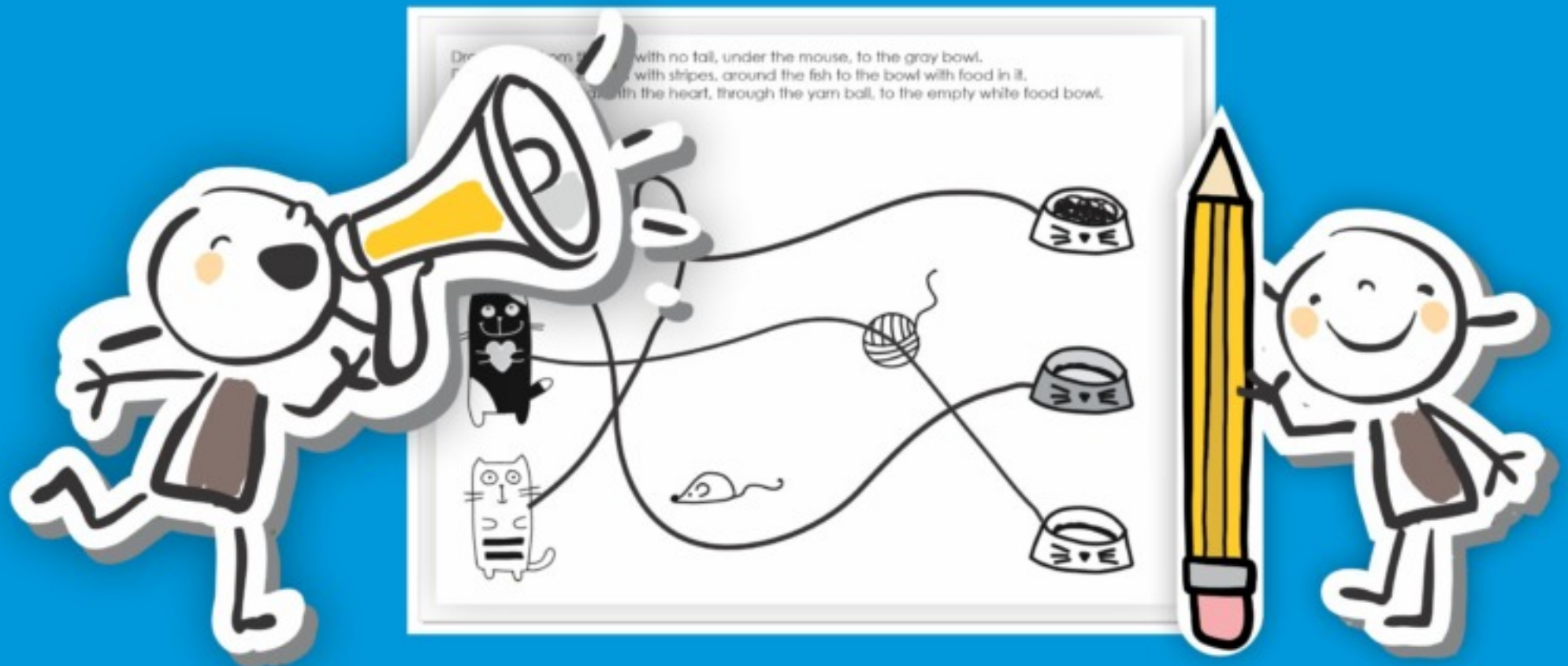


LISTEN AND DRAW



GROSS MOTOR WARM UPS

The purpose of this activity is to prepare the students bodies for the Listen and Draw activities that follow, practice short term memory, and encourage gross motor skills.

Read each block of three directions together. The child should complete the exercises after you read all 3 directions. You do not have to do them all at once.

WARM UP #1

1. Clap your hands three times.
2. Tap your knees five times.
3. Do four wall push ups.

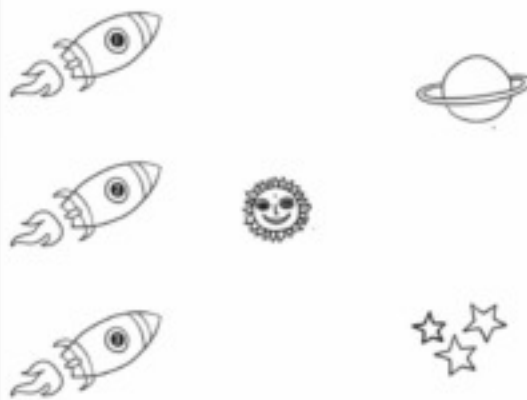
-- COMPLETE EXERCISES --

WARM UP #2

1. Touch the floor.
2. Jump up three times.
3. Spin in a circle one time.

-- COMPLETE EXERCISES --

Draw a line from rocket #1, around the sun to the alien with one eye.
Draw a line from rocket #2, in between the stars to the alien with two eyes.
Draw a line from rocket #3, to the left of the planet to the alien with three eyes.



Draw a straight line from elephant #1 to the exact matching elephant.
Draw a wavy line from elephant #2 to the exact matching elephant.
Draw a dotted line from elephant #3 to the exact matching elephant.



Practice listening skills, working memory, gross motor and visual motor skills.