



Other Ways to Say **NO**



- ✗ I'm sorry I'm busy.
- ✗ That's not going to work for me.
- ✗ Maybe next time.
- ✗ I'd love to – but can't.
- ✗ My body say yes, but my heart say no.
- ✗ That doesn't work for me.
- ✗ I wish I could make it work.
- ✗ I really appreciate you asking me, but I can't do it.
- ✗ I'm not able to commit to that right now.
- ✗ I just don't have that to give right now.
- ✗ I want to, but I'm unable to.
- ✗ I'd like to, but I know I'll regret it.
- ✗ I'm in a season of NO.
- ✗ Sounds tempting, but I'll have to pass.
- ✗ I am honoured that you asked me but I can't do it.
- ✗ I really appreciate you asking me but I can't commit to that right now.
- ✗ No, thanks.
- ✗ Thanks for thinking of me but I can't
- ✗ Unfortunately not.
- ✗ I'm afraid I can't.
- ✗ Maybe another time.
- ✗ Not possible.
- ✗ By no means.
- ✗ I'm slammed.
- ✗ Not for me, thanks.
- ✗ Unfortunately, that's not something I can do at this time.
- ✗ I'm really booked.
- ✗ Thanks for thinking of me. I really wish I could.
- ✗ That's not an option.
- ✗ This is not negotiable.
- ✗ I think not.
- ✗ If only it worked, but ...
- ✗ Not for me my friend, thanks.
- ✗ I have something else.