Weekly CEO Meeting

For this weekly meeting, schedule 3C about your lives and your relationship week to enrich your understanding of

What are your feelings about our rela

About Us

Our personality traits

Monthly Relationship Goals

THIS MONTH'S GOAL

ACTION STEPS

7/

PAGES



Couples

EXPLORE YOUR RELATIONSHIP, CREATE A VISION AND SET GOALS Partner Questions

at can I do for you to help you

2. How can I better support you?

Vithing I have done in may have hurt you?

4. What can I do

4. What can I do or say that will make you feel the most loved?

cal touch can I
6. Would you prefer more closeness
or more alone time?

ou feel

8. How do you feel about our sex life?

10. When do you struggle to express your feelings?

RELATIONSHIP EXERCISE

Create A Couple's Vision Board

A vision board is a visual representation of one's goals, desires, and aspirations.

The purpose of creating a vision board is to help clarify and manifest one's intentions by using images, words, and putting these intentions into a tangible in the forefront of the mind and serve as one wants to achieve. Additionally, creative process that allows for self-respond to the of the mind and self-reflection and exploration.

US LETTER A4 A5

PRINT AT HOME

INSTANT