

4 VERSIONS | INSTANT DOWNLOAD

MY YEAR PLAN

A4 & LETTER SIZE | PRINTABLE PDF

MY YEAR PLAN

2023

JANUARY	FEBRUARY	MARCH	APRIL
☒ Review app subscriptions	☐ Start getting up earlier	☒ Write in a journal everyday	☒ Less time on social media
☒ Start 60 day Challenge	☒ Regular sleep schedule	☒ Start a new book	☒ Start saving money
☐ Take a new course	☒ Start a new diet	☒ Meditation course	☐ Drink more water
☒ Read a new book	☒ Gym habit	☐ Review productivity	☒ Read a new book
☐	☐	☐	☐ Spend more time with family
☐	☐	☐	☐
MAY	JUNE	JULY	AUGUST
☒ Update budget	☒ 30 day Squat Challenge	☐ Stretch 10 min a day	☒ Try a new hobby
☒ Declutter closet	☒ Cut out coffee this month	☒ Start gratitude journal	☒ Quit a bad habit
☒ Check credit report	☒ Meal plan this month	☒ Do a deep clean	☒ Update resume
☒ Plan vacation	☐	☒ Read a new book	☒ Set social media "bedtime"
☐	☐	☐ Start a new course	☒ No spend Challenge
☐	☐	☐ Volunteer time	☒ 30 day Squat Challenge
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
☒ Open investment account	☒ Makeup free month	☒ Keep a mood tracker	☒ Buy family gifts
☒ Check product stock	☒ Start emergency fund	☐ Learn to ski	☐ Start new goals for next year
☒ Update budget	☒ Sell old clothes	☒ Start a new book	☐
☒ 30 days of Yoga	☐	☒ Spend more time with family	☐
☒ Drink more water	☐	☐ Family gift ideas	☐
☐	☐	☐	☐

NOTES:

Stick to daily, weekly and monthly planners for better organization and better time management ♡

- For my mental health
- Finances
- Workout