

Sprint Timeline (Example)

Wed Day 1	Thu Day 2	Fri Day 3	Mon Day 4	Tue Day 5	Wed Day 6	Thu Day 7	Fri Day 8	Mon Day 9	Tue Day 10
Planning	Standup	Standup	Standup	Standup	Standup	Standup	Standup	Standup	
		Refinement				Refinement			Review
									Retro

Duration:

Sprint Planning

Max 4 hours for 2-weeks sprint

Sprint Review

Max 2 hours for 2-weeks sprint

Retrospective

Max 1.5 hours for 2-weeks sprint

Daily Standup

Max 15 minutes, no sitting!!!

Refinement

Max 10% of DEV team capacity (flexible)

Participants:

DEV + SM + PO + invited experts

DEV + SM + PO + stakeholders

Only Scrum Team (DEV + SM + PO)

Only DEV speak, others might observe!

DEV + PO