

Beach Packing List

Clothing

- ☐ Swimsuit
- ☐ Beach towel
- ☐ Sunglasses
- ☐ Flip flops
- ☐ Hat
- ☐ Cover-up
- ☐ Board shorts
- ☐ Beach dress
- ☐ Rash guard
- ☐ Sandals
- ☐

Sun Protection

- ☐ Sunscreen (SPF 30+)
- ☐ After-sun lotion
- ☐ Lip balm with SPF
- ☐ Hat with a wide brim
- ☐ UV protection shirt
- ☐ Sunglasses
- ☐ Sun umbrella
- ☐ Tanning oil
- ☐ Sunblock stick
- ☐ Cooling towel
- ☐

Toys & Games

- ☐ Frisbee
- ☐ Beach ball
- ☐ Snorkel gear
- ☐ Sandcastle tools
- ☐ Water floaties
- ☐ Beach paddle ball set
- ☐ Kites
- ☐ Football
- ☐ Beach volleyball
- ☐ Surfboard
- ☐

Food & Drinks

- ☐ Water bottles
- ☐ Cooler with ice packs
- ☐ Snacks (chips, fruit)
- ☐ Sandwiches
- ☐ Juice boxes
- ☐ Soda cans
- ☐ Portable grill
- ☐ Bottled cocktails
- ☐ Fresh fruit
- ☐ Thermal flask
- ☐

Beach Accessories

- ☐ Beach chair
- ☐ Beach bag
- ☐ Towel clips
- ☐ Picnic blanket
- ☐ Beach mat
- ☐ Waterproof phone case
- ☐ Portable speaker
- ☐ Sand-free beach mat
- ☐ Beach cart
- ☐ Shade tent
- ☐

Health & Hygiene

- ☐ Hand sanitizer
- ☐ Wet wipes
- ☐ Tissues
- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Shampoo and conditioner
- ☐ Body wash
- ☐ Razor
- ☐ Nail clippers
- ☐ First aid kit
- ☐

Safety & Emergency

- ☐ Hand sanitizer
- ☐ Life jacket
- ☐ Whistle
- ☐ Sunscreen (extra)
- ☐ Waterproof flashlight
- ☐ Phone with emergency numbers
- ☐ Multi-tool
- ☐ Emergency blanket
- ☐ Extra water
- ☐ Rain poncho
- ☐

Others

- ☐ ID & visa
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Notes