

♀ = female partner    ♂ = male partner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
PNV/BA/CoQ10/BCP	PNV/BA/CoQ10/BCP	PNV/BA/CoQ10/BCP	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	1 amp = 75 units
Testosterone 1.25%	Testosterone 1.25%	Testosterone 1.25%	Testosterone 1.25%	Testosterone 1.25%	AM: Gonal-F 150	AM: Gonal-F 150	
		BCP			AM: Menopur 1 powder	AM: Menopur 1 powder	Mix 1 ML of H2O with powder
New You am/pm	New You am/pm	New You am/pm	New You am/pm	New You am/pm	Baseline Ultrasound	New You am/pm	
Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Consents are due	Inistol am/pm	All Ultrasounds will be scheduled in the morning
					\$\$\$ due, E2 blood draw ! @ 10:15am		
1	2	3	4	5	6	7	One 81mg Aspirin daily in the morning
PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	
			Ganirelix ???	Ganirelix ???	Ganirelix ???	Ganirelix ???	
AM: Gonal-F 150	AM: Gonal-F 150	AM: Gonal-F 150	AM: Gonal-F 150	AM: Gonal-F 150	AM: Gonal-F 150	AM: Gonal-F 150	
AM: Menopur 1 powder	AM: Menopur 1 powder	AM: Menopur 1 powder	AM: Menopur 1 powder	AM: Menopur 1 powder	AM: Menopur 1 powder	AM: Menopur 1 powder	During this time we will be instructing you on the next set of medications and steps: HCG, Douche, Urine Pregnancy Test
Blood work @ 8am			Blood work/US @ 8:15am		Ultrasound @ 8:30am	Ultrasound @ 10 am	
New You am/pm	New You am/pm	New You am/pm	New You am/pm	New You am/pm	AM: Menopur 1 powder	New You am/pm	
Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	AM: Menopur 1 powder	Inistol am/pm	
8	9	10	11	12	13	14	Cipro, 2nd Z pack, Valium, Medrol, Prog. Suppositories (Endometrin), we will tell you how and when to start these medications!
PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	
Ganirelix ???							
AM: Gonal-F 150			Fertilization Report		Day 3 assessment of Embryos and transfer scheduling		
AM: Menopur 1 powder	Cipro - Franklin	Common Day for Egg Retrieval					
Ultrasound @ 9:15am							
New You am/pm	New You am/pm	New You am/pm	New You am/pm	New You am/pm	New You am/pm	New You am/pm	
Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	Inistol am/pm	
15	16	17	18	19	20	21	
PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	PNV/BA/CoQ10	
Common Day for Embryo Transfer	Princess Days	Princess Days					Your blood pregnancy test will be scheduled 10 days after your embryo transfer.
22	23	24	25	26	27	28	
PNV/BA/CoQ10	PNV/BA/CoQ10						