

# TRAINING CALENDAR



TRAINING	REPETITIONS	DESCRIPTION	CHECK
TRAINING 1	4X12	Venus is the second planet from the Sun	<input type="checkbox"/>
TRAINING 2	5X8	Jupiter is the biggest planet of them all	<input type="checkbox"/>
TRAINING 3	4X10	Mars is actually a very cold place	<input type="checkbox"/>
TRAINING 4	5X6	Neptune is far away from Earth	<input type="checkbox"/>

## OBSERVATIONS

## NOTES