

NONFICTION ARTICLE + Q'S

6-8th Grade

Instant Ramen Noodles: These popular brands of instant noodle soups are sold across the country in grocery stores, gas stations, and convenience markets. These instant ramen noodle meals are extremely popular among consumers for their convenience, variety, and affordability. Many different companies sell their ramen noodle cups or packages for as little as 27¢.

Match the bolded words to the definitions in the Word Bank.

Word Bank

- a. Absorption
- b. Affordable
- c. Consumer
- d. Consumption
- e. Convenient
- f. Customizable
- g. Misleading
- h. Nutritional

1. _____ easy to use; involving little effort

2. _____ reasonably priced; cheap

3. _____ using of a resource; eating or consuming

_____ to modify or change to meet personal needs.

_____ someone that uses or purchases something

_____ health value given to food

_____ taking in; absorbing

_____ giving the wrong impression

Summary Checklist

Write an objective summary of the text. Use evidence from the text to support your summary.

Pre-Writing Activity: Organizing Information

Directions: In the chart below, identify three reasons why instant ramen noodles **should** continue to be sold in stores (Pro) and three reasons why they **shouldn't** continue to be sold in stores (Con).

Should be sold (Pro)	Shouldn't be sold (Con)
1. They cost as little as 27¢ a package.	1. 1070 milligrams of sodium (salt). This is 45% percent of your recommended daily amount of salt.
2. You can make it in little of 3 minutes.	2. Packages do not even print their nutritional information on the cup.
3. They are instant noodle soups.	3. Misleading when it comes to their nutritional and dietary value.

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