

# 10 STEPS TO WASH HAIR

## STEP 01 COMBING



Combing helps in detangling your hair and removing dead cells and dirt from the scalp to a lot of extents.

## STEP 02 REMOVING THE STYLING PRODUCTS



Before you shampoo make sure to get rid of hair styling products.

## STEP 03 RINSING



Soak your hair with warm water running slow before you apply shampoo.

## STEP 04 CONDITIONING BEFORE SHAMPOOING



If you have hair length below the shoulders, apply conditioner to your hair before you shampoo to prevent the ends from drying and gives them moisture.

## STEP 05 LATHER UP



Squeeze a quarter-size shampoo on your palms and apply it first on the scalp and then gradually move towards the end of the strands. Be gentle and always use your fingertips to gently massage your head, never nails.

## STEP 06 RINSE AGAIN



Rinse your hair with warm water until the shampoo is washed away.

## STEP 07 CONDITION



Use a coin-sized amount of conditioner and apply it on from the mid-shaft till the tips and leave it for about 5-10 minutes.

## STEP 08 RINSE AGAIN



Rinse for the last time thoroughly with cold water to get rid of the conditioner.

## STEP 09 LET IT DRY



You can wrap a towel around the head to soak the excess water but never rub it through your hairs.

## STEP 10 SERUM



Once your hair is dry, apply a nourishing cream or serum to the strands leaving the scalp and roots.