

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8	8	8	8	8	8	8
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
9	9	9	9	9	9	9
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
10	10	10	10	10	10	10
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
11	11	11	11	11	11	11
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
12	12	12	12	12	12	12
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
13	13	13	13	13	13	13
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
14	14	14	14	14	14	14
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45
15	15	15	15	15	15	15
:15	:15	:15	:15	:15	:15	:15
:30	:30	:30	:30	:30	:30	:30
:45	:45	:45	:45	:45	:45	:45