

Moon Phases

Meanings

WAXING

WANING



New Moon

NEW BEGINNINGS

It's time for a clean slate, start to gather your thoughts and plan.



Waxing Crescent Moon

SET INTENTIONS

Send your hopes and desires into the world.



First Quarter Moon

TAKE ACTION

When you face obstacles, do not waver. It's a time for pushing forward.



Waxing Gibbous Moon

REFINE AND HONE

Observe and align your hopes with the universe. Momentum is building.



Full Moon

HARVEST ENDEAVORS

A time to harvest the intentions and wishes of past moons.



Waning Gibbous Moon

INTROSPECT

Turn inwards, think about your goals, and be grateful.



Third Quarter Moon

RELEASE AND LET GO

Let go of the habits that bind you and do you harm.



Waning Crescent Moon

SURRENDER

Recuperate and rest. It is okay to feel empty sometimes.



New Moon

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