

ISLAND SMOOTHIES

SMALL
16 oz.

REGULAR
24 oz.

AVALANCHE
32 oz.

1. Bahama Colada

126-679 Cal. 🍷

Pineapple juice, coconut flavor, & fruit of your choice

2. Bahama Daiquiri

76-652 Cal.

Rum flavor, daiquiri mix, & fruit of your choice

3. Bahamakazi

138-613 Cal. 🍷

Strawberries, peach flavor, & guava juice

4. Wavebender

181-699 Cal. 🍷

Bananas, pineapple juice, & rum and coconut flavors

5. Strawberry Freezecake

129-595 Cal. 🍷

Strawberries, strawberry juice, & cheesecake flavor

6. Strawberry Banana Calypso

162-661 Cal. 🍷

Strawberry juice, bananas, & strawberry flavor

7. Oasis

173-684 Cal. 🍷

Strawberries, bananas, orange juice, & coconut flavor

8. Coconut Kulana

386-772 Cal.

Vanilla ice cream, coconut juice, & creamy coconut flavor

9. Congo

171-679 Cal. 🍷

Bananas, guava juice, & coconut flavor

10. Peach Flamingo

143-623 Cal. 🍷

Peaches, peach flavor, & pineapple juice

11. Bahama Berry Blast

125-588 Cal. 🍷

Mixed berries, strawberry juice, & tart jungle berry flavor

12. Mango Tango

159-656 Cal.

Mangos, mango juice, & mango flavor
**Try it as a Mangoneada*

13. Funky Monkey

384-569 Cal.

Bananas, pineapple juice, chocolate, & coconut flavor

14. Orange Cruiser

371-742 Cal.

Vanilla ice cream, orange juice, & dreamy orange flavor

15. Kokomoko

886-1773 Cal.

Chocolate ice cream, cola, dark chocolate, & mocha java flavor

16. Strawberry Bliss

437-875 Cal.

Strawberry ice cream, strawberries, strawberry juice, & strawberry flavor

🍷 BUCK'S LITE SMOOTHIE 🍷

Can be made with Bahama Buck's Thin Ice™ flavors for the same great Island Smoothie with half the calories!

ADD-ONS:

Protein Energy Immunity **Game** Ant-Stress

BUCK'S BAHAMA BOOST

Add a healthy kick to any Island Smoothie!

Protein 113-320 Cal.

ICE CREAM

Chocolate, Strawberry, Vanilla or No Sugar Added Vanilla Ice Cream.