

Grocery & Shopping List

Plan and update as you shop, budget your spending and help prevent picking up intems you don't need

Grocery List

Date

10/16/2022

Fruit & Vegetables	Quantity	Size	Price	Cost	
Golden Delicious Apples	2	5	\$1.70	\$3.40	☐
Salad Tomatoes 6 Pack	1	6	\$0.78	\$0.78	☐
Fresh Cut Flat Leaf Parsley	1	30g	\$0.55	\$0.55	☐
Large Flat Mushrooms	1	250g	\$1.20	\$1.20	☐
Broccoli	1	375g	\$0.68	\$0.68	☐
Sweet Potatoes Loose Class 1	2		\$0.39	\$0.78	☐
Sweet Peppers	1	500g	\$3.00	\$3.00	☐
Maris Piper Potatoes	1	2.5kg	\$1.49	\$1.49	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$11.88	

Frozen	Quantity	Size	Price	Cost	Got
Beer Battered Onion Rings	1	300g	\$1.60	\$1.60	☐
Youngs Chip Shop 2 Extra Large Cod Fillets In Batter	1	300g	\$4.25	\$4.25	☐
Tesco Blueberries	1	350g	\$2.30	\$2.30	☐
Aunt Bessie's Yorkshires	1	10	\$2.00	\$2.00	☐
					☐

Total Spend

\$294.54

Refrigerated / Fresh	Quantity	Size	Price	Cost	
Mature Grated Cheese	2	250g	\$2.50	\$5.00	☐
Skimmed Longlife Milk	2	1L	\$1.10	\$2.20	☐
Large Free Range Eggs	1	12	\$2.35	\$2.35	☐
Chicken Breast Mini Fillets	1	400g	\$3.50	\$3.50	☐
Houmous	1	300g	\$0.55	\$0.55	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$0.00	☐
				\$13.60	

Tins / Cans / Packets	Quantity	Size	Price	Cost	
Tesco Drained Tuna Steak in Spring Water	4	110g	\$1.25	\$5.00	☐
Napolina Chopped Tomatoes	1	4 X 400G	\$2.50	\$2.50	☐
Heinz Cream Of Tomato Soup	8	400g	\$1.40	\$11.20	☐
Heinz Baked Beans In Tomato Sauce	4	415g	\$1.20	\$4.80	☐
					☐



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