PAST CONTINUOUS



was/were + verb-ing

Remember: usually STATIVE VERBS are NOT used in the progressive (-ing) form

Interrupted action in the past

They were waiting for the strain when I spoke to them.

Past habit

My mom was always complaining about my room when she got there.

Use

Parallel actions

I was studying while my brother

Specific time as an interruption

Last night at 6 p.m., I was eating